

CCIW Indoor Track & Field History

Past CCIW Team Champions (Women)

Year	Champion (Score)	Head Coach
2001	Carthage (140)	Steve Ray
2002	Carthage (194)	Steve Ray
2003	Carthage (173.5)	Steve Ray
2004	Carthage (167)	Stephanie Ulicny
2005	Carthage (163)	Stephanie Ulicny
2006	North Central (145.50)	Kari Kluckhohn
2007	North Central (202)	Kari Kluckhohn
2008	Illinois Wesleyan (187.50)	Chris Schumacher
2009	Illinois Wesleyan (202)	Chris Schumacher
2010	Illinois Wesleyan (252)	Chris Schumacher
2011	North Central (252)	Kari Kluckhohn
2012	Illinois Wesleyan (163)	Chris Schumacher
2013	North Central (175)	Kari Kluckhohn
2014	North Central (191)	Kari Kluckhohn
2015	Illinois Wesleyan (190)	Chris Schumacher
2016	Illinois Wesleyan (205)	Chris Schumacher
2017	Wheaton (167)	Scott Bradley
2018	Wheaton (159)	Scott Bradley
2019	North Central (184)	Kari Kluckhohn
2020	North Central (152)	Kari Kluckhohn
2021	No Champion (COVID-19)	
2022	North Central (147)	Kari Kluckhohn

Past CCIW Team Champions (Men)

Year	Champion (Score)	Head Coach
2001	North Central (165.33)	Al Carius
2002	North Central (197)	Al Carius
2003	North Central (179)	Al Carius
2004	North Central (181)	Al Carius
2005	North Central (186)	Al Carius
2006	North Central (195)	Al Carius
2007	North Central (197.83)	Al Carius
2008	North Central (220)	Al Carius
2009	North Central (222)	Al Carius
2010	North Central (236.5)	Al Carius
2011	North Central (245.5)	Frank Gramarosso
2012	North Central (261)	Frank Gramarosso
2013	North Central (250)	Frank Gramarosso
2014	North Central (208.5)	Frank Gramarosso
2015	North Central (215.5)	Frank Gramarosso
2016	Augustana (189.5)	Paul Olsen
2017	North Central (195.5)	Frank Gramarosso
2018	North Central (240.5)	Frank Gramarosso
2019	North Central (218)	Frank Gramarosso
2020	North Central (204)	Frank Gramarosso
2021	No Champion (COVID-19)	
2022	North Central (135.5)	Frank Gramarosso

Women's Track Athlete of the Meet

2007	Rachel Anderson, Illinois Wesleyan
2008	Rachel Anderson, Illinois Wesleyan
2009	Amanda LaRocca, Illinois Wesleyan
2010	Kerry Devitt, Illinois Wesleyan
2011	Amanda Laesch, North Central
2012	Lauren Alpert, Illinois Wesleyan
2013	Tara Clemens, Illinois Wesleyan
2014	Patti Laufenberg, Carthage
2015	Megan Costanzo, North Central
2016	Megan Costanzo, North Central
2017	Elina Gunnarsson, North Park
2018	Favor Ezewuzie, Wheaton
2019	Favor Ezewuzie, Wheaton
2020	Favor Ezewuzie, Wheaton
2021	No Recipient (COVID-19)
2022	Julia Babinec, North Central

Women's Field Athlete of the Meet

2007	Kapricia Poulos, Millikin
2008	Rachel Secrest, North Central
2009	Melissa Savino, North Central
2010	Mindy Harrington, Carthage
2011	Mindy Harrington, Carthage
2012	Sarah Thompson, Carthage
2013	Lauren Alpert, Illinois Wesleyan
2014	LeAnn Spesard, Millikin

2014	Allie Boudreau, Illinois Wesleyan
2015	Molly McGraw, Illinois Wesleyan
2016	Jill Harmon, Illinois Wesleyan
2017	Mia Bennett, Carthage
2018	Mia Bennett, Carthage
2019	Elizabeth Willis, Carthage
2020	Elizabeth Willis, Carthage
2021	No Recipient (COVID-19)
2022	Kat Krebasch, Augustana

Women's Athlete of the Meet (no longer awarded)

2003	Melissa Harden, Illinois Wesleyan
2005	Muffy Israel, Carthage
2006	Amber Druien, North Central

Women's Coaching Staff of the Year

2005	Carthage
2006	North Central
2007	North Central
2008	Illinois Wesleyan
2009	Illinois Wesleyan
2010	Illinois Wesleyan
2011	North Central
2012	Illinois Wesleyan
2013	North Central
2014	North Central
2015	Illinois Wesleyan
2016	Illinois Wesleyan
2017	Wheaton
2018	Wheaton
2019	North Central
2020	North Central
2021	No Recipient (COVID-19)
2022	Elmhurst

Men's Track Athlete of the Meet

2007	Ted McMillan, Augustana
2008	Segun Olopo, Illinois Wesleyan
2009	Kyle Brady, North Central
2010	Buzzy Brown, Carthage
2011	Kyle Brady, North Central
2012	Dan Benton, North Central
2013	Dan Benton, North Central
2014	Luke Vance, Wheaton
2015	David Devore, Augustana
2016	John Crain, North Central
2017	David Volland, Augustana
2018	Isaac Smith, Augustana
2019	Isaac Smith, Augustana
2020	Peyton Piron, North Central
2021	Peyton Piron, North Central
2022	Michael Johnson, Augustana
2023	No Recipient (COVID-19)
2024	Ben Kuxmann, Millikin

Men's Field Athlete of the Meet

2007	Brandon Jones-Harris, Carthage
2008	Ted McMillan, Augustana
2009	Ted McMillan, Augustana
2010	Bobby Kapustka, North Central
2011	Alex Stake, Augustana
2012	Greg Raimondi, Carthage
2013	Derrick Guyette, Carthage
2014	Derrick Guyette, Carthage
2015	Jeff Toraason, Illinois Wesleyan
2016	Luke Winder, North Central
2017	Luke Winder, North Central
2018	Travon Aldridge, Augustana
2019	Zach Anderson, Illinois Wesleyan
2020	Zach Anderson, Illinois Wesleyan
2021	No Recipient (COVID-19)
2022	Joseph White, Carthage

Men's Athlete of the Meet (no longer awarded)

2003	Dion Ballentine, Carthage
2005	Greg Memmefheimer, North Central
2006	Matt Harden, Illinois Wesleyan

CCIW Indoor Track & Field History

Men's Coaching Staff of the Year

2005	Illinois Wesleyan
2006	North Central
2007	Augustana
2008	North Central
2009	North Central
2010	North Central
2011	North Central
2012	North Central
2013	North Central
2014	Carthage
2015	North Central
2016	Augustana
2017	North Central
2018	North Central
2019	Millikin
2020	Millikin
2021	No Recipient (COVID-19)
2022	Augustana

2021 CCIW Elite Meet Champions

Note: In March 2021, Illinois Wesleyan hosted a small meet of the top athletes from the regular season. A CCIW Championship did not take place due to the COVID-19 Pandemic.

Women's Champions

60-Meter Dash

Addison Bendery, Illinois Wesleyan, 7.77

200-Meter Dash

Addison Bendery, Illinois Wesleyan, 25.89

400-Meter Dash

Kaitlin Bonney, North Central, 58.75

800-Meter Run

Kelsey Wyman, Illinois Wesleyan, 2:19.53

Mile

Rebekah Harden, Illinois Wesleyan, 5:04.26

3,000-Meter Run

Jenna Mirande, Illinois Wesleyan, 10:35.68

5,000-Meter Run

Katie North, Illinois Wesleyan, 17:34.98

60-Meter Hurdles

Sofia Wajner, Augustana, 9.08

4x400-Meter Relay

Illinois Wesleyan, 4:01.09

Distance Medley Relay

North Central, 13:01.25

High Jump

Aubrey Tesch, Carthage, 5-1 1/4

Pole Vault

Kathy Myrda, North Central, 11-5 3/4

Long Jump

Cora Wilkinson, Illinois Wesleyan, 17-7

Triple Jump

Lauren Wong, Illinois Wesleyan, 37-1 1/4

Shot Put

Ayana Blair, Illinois Wesleyan, 43-3

Weight Throw

Alexandra Draves, North Central, 55-3 1/2

Men's Champions

60-Meter Dash

Jamauri Spivery, North Central, 6.99

200-Meter Dash

Jackson Allen, Millikin, 22.48

400-Meter Dash

Michael Stanley, North Central, 49.63

800-Meter Run

Gabe Pommier, North Central, 1:56.14

Mile

Gabe Pommier, North Central, 4:11.58

3,000-Meter Run

Connor Riss, North Central, 8:41.76

5,000-Meter Run

Kyle Adams, Carroll, 15:04.75

60-Meter Hurdles

Ben Jackson, Wheaton, 8.54

4x400-Meter Relay

Wheaton, 3:19.91

Distance Medley Relay

Wheaton, 10:34.28

High Jump

Nick Janca, North Central, 6-6 3/4

Pole Vault

Gavin Carr, North Central, 14-3 1/4

Long Jump

Marshun Hart, Millikin, 22-3 3/4

Triple Jump

Kendall Johnson, North Central, 46-2 3/4

Shot Put

Steven Hermesen, Carroll, 51-6 1/4

Weight Throw

Steven Hermesen, Carroll, 59-11

CCIW Indoor Track & Field History

Women's Indoor Championship Records

55-Meter Dash
Keli Coleman, Augustana, 7.08 (2008)

60-Meter Dash
Nia Joiner, Illinois Wesleyan, 7.51 (2016)

200-Meter Dash
Favor Ezewuzie, Wheaton, 24.95 (2020)

400-Meter Dash
Gena Rawlins, Illinois Wesleyan, 56.54 (2003)

800-Meter Run
Amber Druen, North Central, 2:12.92 (2007)

1,500-Meter Run
Molly Morrison, North Central, 4:45.63 (2003)

3,000-Meter Run
Hannah Roeske, Wheaton, 9:53.27 (2018)

Indoor Mile
Krista Cota, North Central, 4:56.86 (2012)

5,000-Meter Run
Megan Costanzo, North Central, 17:12.74 (2016)

55-Meter Hurdles
Julia Babinec, North Central, 7.99 (2022)

60-Meter Hurdles
Favor Ezewuzie, Wheaton, 8.60 (2020)

800-Meter Relay
Carthage, 1:42.32 (2003)
Caretha Carroll, Sheana Grigsby, Latrice Powell, Muffy Israel
Illinois Wesleyan, 1:42.32 (2003)
Nicole Williams, Michelle Dionne, Gena Rawlins, Gianina Taylor

1,600-Meter Relay
Illinois Wesleyan, 3:52.54 (2012)
Lauren Alpert, Lauren Rock, Tara Clemens, Jessica Christy

3,200-Meter Relay
North Central, 9:40.60 (2007)
Abby Hilby, Rachael Young, Sarah McMillan, Jessica Griffin

Distance Medley Relay
Illinois Wesleyan, 11:56.35 (2009)
Jessica Christy, Mackenzie Clemens, Ashley Heilingoetter, Kerry Devitt

High Jump
Kapricia Poulos, Millikin, 5-8 1/2; 1.74 meters (2007)

Pole Vault
Rachel Secrest, North Central, 12-7 1/4; 3.84 meters (2009)

Long Jump
Amelia Glueck, Illinois Wesleyan, 19-1 1/2; 5.83 meters (2018)

Triple Jump
Kelsey McLaurin, North Central, 39-7 3/4; 12.08 meters (2019)

Shot Put
LeAnn Spesard, Millikin, 47-8; 14.53 meters (2013)

20-Pound Weight Throw
Mia Bennett, Carthage, 61-4 1/4; 18.70 meters (2018)

Pentathlon
Allie Boudreau, Illinois Wesleyan, 3,587 points (2014)

Men's Indoor Championship Records

55-Meter Dash
Segun Olopo, Illinois Wesleyan, 6.34 (2008)

60-Meter Dash
Michael Johnson, Augustana, 6.81 (2020)

200-Meter Dash
Segun Olopo, Illinois Wesleyan, 21.93 (2008)

400-Meter Dash
Peyton Piron, North Central, 48.13 (2019)

800-Meter Run
Luke Vance, Wheaton, 1:52.40 (2013)

1,500-Meter Run
Jeremy Borling, North Central, 3:56.67 (2001)

3,000-Meter Run
John Crain, North Central, 8:20.09 (2014)

Indoor Mile
Brian McConnell, Elmhurst, 4:10.70 (2009)

5,000-Meter Run
Tim Vazquez, North Central, 14:25.39 (2016)

55-Meter Hurdles
Zach Gorsage, Illinois Wesleyan, 7.55 (2005)

60-Meter Hurdles
Adam Lundquist, North Central, 8.17 (2016)

800-Meter Relay
Illinois Wesleyan, 1:29.99 (2008)
Matt Harden, Segun Olopo, Mike Conti, Azizuddin Rose

1,600-Meter Relay
Augustana, 3:16.53 (2016)
Josh Yamamoto, Dan Popek, Jeffrey Swanson, Isaac Smith

3,200-Meter Relay
North Central, 7:55.48 (2003)
Matt Baum, Jeff Wunning, Brandon Todd, Roland Hopkins

Distance Medley Relay
North Central, 9:58.89 (2013)
Juliano Lodi, Dionte Hackler, Marlen Hamilton, John Crain

High Jump
Jordan Tedford, Millikin, 6-10 1/4; 2.09 meters (2020)

Pole Vault
Luke Winder, North Central, 17-6 1/2; 5.35 meters (2019)

Long Jump
Matt Souvannsaing, North Central, 23-7 1/4; 7.19 meters (2013)

Triple Jump
Patrick Zeunik, Augustana, 48-1 3/4; 14.68 meters (2011)

Shot Put
Aaron Austin, Carthage, 56-4; 17.17 meters (2020)

35-Pound Weight Throw
Darien West, Illinois Wesleyan, 61-11; 18.87 meters (2011)

Heptathlon
Jeff Toraason, Illinois Wesleyan, 4,940 points (2015)

CCIW Indoor Track & Field History

Women's Indoor Open Records

55-Meter Dash

Keli Coleman, Augustana, 7.08 m (2008)

60-Meter Dash

Nia Joiner, Illinois Wesleyan, 7.49 (2016)

200-Meter Dash

Favor Ezewuzie, Wheaton, 24.74 (2020)

400-Meter Dash

Rachel Anderson, Illinois Wesleyan, 55.46 (2007)

800-Meter Run

Tara Clemens, Illinois Wesleyan, 2:09.88 (2013)

3,000-Meter Run

Hannah Roeske, Wheaton, 9:44.34 (2018)

Indoor Mile

Amber Druen, North Central, 4:51.38 (2007)

5,000-Meter Run

Amanda Laesch, North Central, 17:05.32 (2011)

55-Meter Hurdles

Julia Babinec, North Central, 7.99 (2020)

60-Meter Hurdles

Favor Ezewuzie, Wheaton, 8.53 (2019)

1,600-Meter Relay

Illinois Wesleyan, 3:46.52 (2012)

Distance Medley Relay

North Central, 11:47.21 (2007)

High Jump

Kapricia Poulos, Millikin, 1.74 m (2007)

Pole Vault

Rachel Secrest, North Central, 4.01 m (2010)

Long Jump

Sue DeNigris, North Central, 5.96 m (2002)

Triple Jump

Kelsey McLaurin, North Central, 12.08 m (2019)

Shot Put

Mindy Harrington, Carthage, 15.84 m (2011)

20-Pound Weight Throw

Elizabeth Willis, Carthage, 19.28 m (2020)

Pentathlon

Allie Boudreau, Illinois Wesleyan, 3,631 (2015)

Men's Indoor Open Records

55-Meter Dash

Matt Harden, Illinois Wesleyan, 6.30 (2008)

60-Meter Dash

Michael Johnson, Augustana, 6.78 (2020)

200-Meter Dash

Segun Olopo, Illinois Wesleyan, 21.93 (2008)

400-Meter Dash

Peyton Piron, North Central, 47.70 (2019)

800-Meter Run

Ben Kuxmann, Millikin, 1:51.62 (2020)

3,000-Meter Run

Dan Mayer, North Central, 7:59.23 (1994)

Indoor Mile

Dan Henderson, Wheaton, 4:03.09 (1980)

5,000-Meter Run

Dan Mayer, North Central, 13:53.17 (1994)

55-Meter Hurdles

Malik Jones, Illinois Wesleyan, 7.50 (1991)

60-Meter Hurdles

Zach Gorsage, Illinois Wesleyan, 8.14 (2005)

1,600-Meter Relay

North Central, 3:14.48 (2018)

Distance Medley Relay

North Central, 9:53.78 (2000)

High Jump

Craig Lyon, Augustana, 2.21 m (1998)

Pole Vault

Luke Winder, North Central, 5.52 m (2017)

Long Jump

Jan Cado, North Central, 7.77 m (1990)

Triple Jump

Jan Cado, North Central, 17.21 m (1989)

Shot Put

Jason Dennis, Illinois Wesleyan, 17.26 m (2000)

35-Pound Weight Throw

Joseph White, Carthage, 19.86 m (2020)

Heptathlon

Leif Van Grinsven, Wheaton, 5,115 (2019)

CCIW Indoor Track & Field History

Past Women's Individual Champions

55-Meter Dash

2001	Kelly VanGuilder, Elmhurst, 7.44
2002	Muffy Israel, Carthage, 7.29
2003	Muffy Israel, Carthage, 7.10
2004	Muffy Israel, Carthage, 7.12
2005	Muffy Israel, Carthage, 7.19
2006	Keli Coleman, Augustana, 7.17
2007	Keli Coleman, Augustana, 7.15
2008	Keli Coleman, Augustana, 7.08
2009	Amanda LaRocca, Illinois Wesleyan, 7.11
2010	Amanda LaRocca, Illinois Wesleyan, 7.16
2011	Ashura Jenkins, Carthage, 7.24
2013	Ariel Robinson, Millikin, 7.33
2015	Nia Joiner, Illinois Wesleyan, 7.15
2018	Favor Ezewuzie, Wheaton, 7.22
2022	Marcedes Jackson, North Central, 7.28

60-Meter Dash

2012	Ariel Robinson, Millikin, 7.76
2014	Nia Joiner, Illinois Wesleyan, 7.67
2016	Nia Joiner, Illinois Wesleyan, 7.51
2017	Elina Gunnarsson, North Park, 7.79
2019	Favor Ezewuzie, Wheaton, 7.63
2020	Favor Ezewuzie, Wheaton, 7.62
2021	No Winner (COVID-19)

200-Meter Dash

2001	Latrice Powell, Carthage, 25.95
2002	Muffy Israel, Carthage, 25.81
2003	Muffy Israel, Carthage, 25.20
2004	Gianina Taylor, Illinois Wesleyan, 25.46
2005	Muffy Israel, Carthage, 25.32
2006	Rachel Anderson, Illinois Wesleyan, 25.46
2007	Rachel Anderson, Illinois Wesleyan, 25.10
2008	Rachel Anderson, Illinois Wesleyan, 25.24
2009	Ali McCoy, Illinois Wesleyan, 25.31
2010	Shavantay Thomas, Illinois Wesleyan, 25.02
2011	Lauren Alpert, Illinois Wesleyan, 25.28
2012	Lauren Alpert, Illinois Wesleyan, 25.26
2013	Kayla Murphy, North Central, 25.65
2014	Patti Laufenberg, Carthage, 26.22
2015	Angela Herrmann, Illinois Wesleyan, 25.66
2016	Angela Herrmann, Illinois Wesleyan, 25.60
2017	Elina Gunnarsson, North Park, 25.57
2018	Hannah Willhite, Augustana, 25.02
2019	Natasha Brown, Wheaton, 25.25
2020	Favor Ezewuzie, Wheaton, 24.95
2021	No Winner (COVID-19)
2022	Julia Babinec, North Central, 24.95

400-Meter Dash

2001	Latrice Powell, Carthage, 57.47
2002	Gena Rawlins, Illinois Wesleyan, 56.76
2003	Gena Rawlins, Illinois Wesleyan, 56.54
2004	Gianina Taylor, Illinois Wesleyan, 56.67
2005	Rachel Anderson, Illinois Wesleyan, 58.08
2006	Rachel Anderson, Illinois Wesleyan, 57.04
2007	Rachel Anderson, Illinois Wesleyan, 57.03
2008	Rachel Anderson, Illinois Wesleyan, 56.65
2009	Ali McCoy, Illinois Wesleyan, 57.88
2010	Ali McCoy, Illinois Wesleyan, 57.24
2011	Sheila Walsh, North Central, 56.64
2012	Lauren Alpert, Illinois Wesleyan, 56.88
2013	Patti Laufenberg, Carthage, 58.21
2014	Patti Laufenberg, Carthage, 57.30
2015	Allie Boudreau, Illinois Wesleyan, 59.17
2016	Maddison Zimmer, Illinois Wesleyan, 57.40
2017	Maddison Zimmer, Illinois Wesleyan, 57.37
2018	Erin Lukens, Millikin, 58.32
2019	Katie Eastburn, Augustana, 57.38
2020	Hailey Wimberly, Millikin, 58.35
2021	No Winner (COVID-19)
2022	Ava David, Elmhurst, 57.76

800-Meter Run

2001	Gianina Taylor, Illinois Wesleyan, 2:21.24
2002	Jennifer Smith, Augustana, 2:20.37
2003	Gianina Taylor, Illinois Wesleyan, 2:20.69
2004	Jennifer Smith-Paul, Augustana, 2:22.40

2005	Jessica Elsen, Wheaton, 2:19.72
2006	Amber Druen, North Central, 2:16.95
2007	Amber Druen, North Central, 2:12.92
2008	Mackenzie Clemens, Illinois Wesleyan, 2:18.98
2009	Mackenzie Clemens, Illinois Wesleyan, 2:17.05
2010	Mackenzie Clemens, Illinois Wesleyan, 2:19.27
2011	Krista Cota, North Central, 2:14.59
2012	Tara Clemens, Illinois Wesleyan, 2:14.00
2013	Tara Clemens, Illinois Wesleyan, 2:14.53
2014	Kate Bengel, Augustana, 2:20.39
2015	Maddison Zimmer, Illinois Wesleyan, 2:19.84
2016	Jamie Michl, Millikin, 2:18.21
2017	Maddison Zimmer, Illinois Wesleyan, 2:20.54
2018	Mackenzie Dixon, Millikin, 2:17.56
2019	Mackenzie Dixon, Millikin, 2:15.84
2020	Mackenzie Dixon, Millikin, 2:13.09
2021	No Winner (COVID-19)
2022	Mackenzie Dixon, Millikin, 2:18.21

1,500-Meter Run

2001	Darlene Duncan, North Park, 4:48.37
2002	Christina Gamzer, Augustana, 4:48.31
2003	Molly Morrison, North Central, 4:45.63
2004	Jennifer Smith-Paul, Augustana, 4:47.54

Indoor Mile

2005	Jessica Griffin, North Central, 5:11.86
2006	Amber Druen, North Central, 5:02.85
2007	Amber Druen, North Central, 5:02.07
2008	Liz Driscoll, Augustana, 5:05.01
2009	Lisa Baumert, Wheaton, 5:02.90
2010	Kerry Devitt, Illinois Wesleyan, 5:16.73
2011	Amanda Laesch, North Central, 5:08.54
2012	Krista Cota, North Central, 4:56.86
2013	Tara Clemens, Illinois Wesleyan, 5:00.48
2014	Alyssa Poremba, Elmhurst, 5:06.81
2015	Jordan Tuin, Wheaton, 5:07.39
2016	Erin McCarey, Illinois Wesleyan, 4:59.29
2017	Victoria Capozziello, North Central, 5:13.50
2018	Erika Johnson, Wheaton, 5:12.59
2019	Emily Gilligan, Elmhurst, 5:12.11
2020	Jill Humecke, Augustana, 5:08.59
2021	No Winner (COVID-19)
2022	Rebekah Harden, Illinois Wesleyan, 5:07.91

3,000-Meter Run

2007	Jessica Griffin, North Central, 10:18.93
2008	Event not held
2009	Kerry Devitt, Illinois Wesleyan, 10:26.16
2010	Amanda Laesch, North Central, 10:27.04
2011	Amanda Laesch, North Central, 10:21.05
2012	Sarahbeth Jones, Augustana, 10:21.38
2013	Sarahbeth Jones, Augustana, 10:16.92
2014	Alyssa Poremba, Elmhurst, 10:02.94
2015	Megan Costanzo, North Central, 10:11.34
2016	Megan Costanzo, North Central, 9:56.82
2017	Helen Majer, North Central, 10:34.56
2018	Hannah Roeske, Wheaton, 9:53.27
2019	Aryn Embretson, Wheaton, 10:26.03
2020	Jenna Fiore, North Central, 10:25.20
2021	No Winner (COVID-19)
2022	Emily Gilligan, Elmhurst, 10:20.96

5,000-Meter Run

2001	Jaime Tresemer, North Central, 18:16.40
2002	Molly Morrison, North Central, 17:47.05
2003	Molly Morrison, North Central, 17:45.24
2004	Grace Conrad, North Park, 17:53.87
2005	Molly Morrison, North Central, 17:57.32
2006	Shannon McInnis, North Park, 18:02.30
2007	Jessica Griffin, North Central, 17:37.80
2008	Karen Jackson, Carthage, 18:29.54
2009	Megan Andracki, North Central, 18:04.30
2010	Kerry Devitt, Illinois Wesleyan, 17:58.90
2011	Amanda Laesch, North Central, 17:16.02
2012	Sarah Daly, Wheaton, 18:13.04
2013	Elise Anderson, Illinois Wesleyan, 17:41.52
2014	Jordan Tuin, Wheaton, 17:57.54
2015	Megan Costanzo, North Central, 17:21.04
2016	Megan Costanzo, North Central, 17:12.74
2017	Aryn Embretson, Wheaton, 18:32.82

CCIW Indoor Track & Field History

2018 Hannah Roeske, Wheaton, 17:38.04
2019 Aryn Embretson, Wheaton, 17:34.99
2020 Katie North, Illinois Wesleyan, 18:14.79
2021 *No Winner (COVID-19)*
2022 Susannah Bennett, Wheaton, 17:56.09

55-Meter Hurdles

2001 Keya Willis, Carthage, 8.32
2002 Keya Willis, Carthage, 8.30
2003 Sheana Grigsby, Carthage, 8.36
2004 Sheana Grigsby, Carthage, 8.22
2005 Sheana Grigsby, Carthage, 8.08
2006 Melissa Harden, Illinois Wesleyan, 8.28
2007 Theresa Suwannapal, Augustana, 8.40
2008 Amanda LaRocca, Illinois Wesleyan, 8.23
2009 Amanda LaRocca, Illinois Wesleyan, 8.21
2010 Amanda LaRocca, Illinois Wesleyan, 8.39
2011 Melissa Savino, North Central, 8.50
2013 Jocelyn Redlinski, North Central, 8.45
2015 Madison Renfro, North Central, 8.07
2018 Favor Ezewuzie, Wheaton, 7.22
2022 Julia Babinec, North Central, 8.07

60-Meter Hurdles

2012 Jocelyn Redlinski, North Central, 9.31
2014 Madison Renfro, North Central, 8.82
2016 Madison Renfro, North Central, 8.68
2017 Sofia Wajner, Augustana, 8.94
2019 Favor Ezewuzie, Wheaton, 8.72
2020 Favor Ezewuzie, Wheaton, 8.63
2021 *No Winner (COVID-19)*

800-Meter Relay

2001 Carthage, 1:44.69
2002 Carthage, 1:45.81
2003 Illinois Wesleyan, 1:42.32
2004 Carthage, 1:44.48
2005 Carthage, 1:44.51
2006 Augustana, 1:45.63
2007 Illinois Wesleyan, 1:42.76
2008 Illinois Wesleyan, 1:43.50

1,600-Meter Relay

2001 North Central, 4:01.50
2002 Carthage, 3:59.12
2003 Carthage, 3:54.28
2004 Illinois Wesleyan, 3:58.61
2005 Wheaton, 4:06.44
2006 Illinois Wesleyan, 4:01.77
2007 Illinois Wesleyan, 3:57.51
2008 Illinois Wesleyan, 3:58.48
2009 Illinois Wesleyan, 4:01.23
2010 Illinois Wesleyan, 4:00.16
2011 Illinois Wesleyan, 3:54.29
2012 Illinois Wesleyan, 3:52.54
2013 North Central, 4:00.49
2014 Carthage, 3:57.91
2015 Illinois Wesleyan, 3:57.68
2016 Illinois Wesleyan, 4:00.07
2017 Wheaton, 3:58.49
2018 Augustana, 3:59.76
2019 Illinois Wesleyan, 3:56.34
2020 Millikin, 3:58.13
2021 *No Winner (COVID-19)*
2022 Millikin, 4:05.59

3,200-Meter Relay

2001 North Central, 9:52.89
2002 Carthage, 9:47.86
2003 Carthage, 9:42.27
2004 Wheaton, 9:51.23
2005 North Central, 9:49.58
2006 North Central, 9:42.16
2007 North Central, 9:40.60
2008 Wheaton, 9:41.75

Distance Medley Relay

2001 North Park, 12:43.59
2002 Augustana, 12:53.34
2003 North Central, 12:35.10

2004 Wheaton, 12:38.03
2005 Wheaton, 12:42.25
2006 North Central, 12:25.33
2007 North Central, 12:25.32
2008 Illinois Wesleyan, 12:44.06
2009 Illinois Wesleyan, 11:56.35
2010 Illinois Wesleyan, 12:08.98
2011 Illinois Wesleyan, 12:20.58
2012 Augustana, 12:13.73
2013 Illinois Wesleyan, 12:12.11
2014 Augustana, 12:30.23
2015 Augustana, 12:41.89
2016 North Central, 12:18.63
2017 North Central, 12:37.74
2018 North Central, 12:29.87
2019 North Central, 12:27.43
2020 North Central, 12:29.48
2021 *No Winner (COVID-19)*
2022 North Central, 12:35.01

High Jump

2001 Janine Morris & Katie Reif, Augustana, 5-1 3/4
2002 Rachel Kroll, Carthage, 5-4 1/2
2003 Molly May, Illinois Wesleyan, 5-3
2004 Molly May, Illinois Wesleyan, 5-2 1/4
2005 Connie Melcher, Carthage, 5-2 1/4
2006 Kapricia Poulos, Millikin, 5-6
2007 Kapricia Poulos, Millikin, 5-8 1/2
2008 Michelle Criscione, North Central, 5-5 1/4
2009 Michelle Criscione, North Central, 5-6
2010 Michelle Criscione, North Central, 5-5 1/4
2011 Michelle Criscione, North Central, 5-3 3/4
2012 Shannon McNeil, Wheaton, 5-3 3/4
2013 Shannon McNeil, Wheaton, 5-3 3/4
2014 Lillian George, Carthage, 5-4 1/4
2015 Molly McGraw, Illinois Wesleyan, 5-8
2016 Hailey Dammeier, North Central, 5-3
2017 Elanta Slowek, Carthage, 5-6 1/2
2018 Elanta Slowek, Carthage, 5-5
2019 Taiah Gallisath, North Central, 5-5 3/4
2020 Sarah Gomez, Carroll, 5-4 1/4
2021 *No Winner (COVID-19)*
2022 Kat Krebasch, Augustana, 5-3 3/4

Pole Vault

2001 Kim Baier, Augustana, 11-0 1/4
2002 Ashley Wiser, North Central, 10-5 1/2
2003 Amy Peters, Elmhurst, 11-7
2004 Megan Rossi, North Central, 11-8
2005 Megan Rossi, North Central, 12-6
2006 Megan Rossi, North Central, 12-6 3/4
2007 Megan Rossi, North Central, 12-4
2008 Carolyn Kalafut, North Central, 11-10
2009 Rachel Secrest, North Central, 12-7 1/4
2010 Rachel Secrest, North Central, 12-1 1/2
2011 Carolyn Kalafut, North Central, 11-3 3/4
2012 Elizabeth Composto, North Central, 12-4 1/2
2013 Elizabeth Composto, North Central, 12-2
2014 Elizabeth Composto, North Central, 12-3 1/2
2015 Elizabeth Composto, North Central, 12-2
2016 Alexis Nelson, North Central, 12-2 1/2
2017 Mackenzie Butcher, Augustana, 12-0
2018 Mackenzie Butcher, Augustana, 12-3 1/2
2019 Mackenzie Butcher, Augustana, 11-10 1/2
2020 Kathy Myrda, North Central, 11-7 3/4
2021 *No Winner (COVID-19)*
2022 Kat Krebasch, Augustana, 12-6 1/4

Long Jump

2001 Sue DeNigris, North Central, 17-8 1/2
2002 Tammie Beasley, Augustana, 17-11 3/4
2003 Lucia Abel, North Park, 17-10 1/4
2004 Lucia Abel, North Park, 17-11 1/2
2005 Muffy Israel, Carthage, 17-8 1/4
2006 Melissa Hardin, Illinois Wesleyan, 18-1 3/4
2007 Kapricia Poulos, Millikin, 17-8 1/4
2008 Rachel Seacrest, North Central, 18-0 1/4
2009 Amanda LaRocca, Illinois Wesleyan, 18-0 1/2
2010 Lauren Alpert, Illinois Wesleyan, 18-1
2011 Lauren Alpert, Illinois Wesleyan, 18-6 1/2

CCIW Indoor Track & Field History

2012	Lauren Alpert, Illinois Wesleyan, 18-10 3/4
2013	Kristin LeClair, Carthage, 17-9 3/4
2014	Ellen Renk, Illinois Wesleyan, 18-1
2015	Amelia Glueck, Illinois Wesleyan, 18-9 1/4
2016	Nia Joiner, Illinois Wesleyan, 18-6 1/2
2017	Elina Gunnarsson, North Park, 18-7 1/4
2018	Amelia Glueck, Illinois Wesleyan, 19-1 1/2
2019	Favor Ezewuzie, Wheaton, 18-10
2020	Favor Ezewuzie, Wheaton, 18-10
2021	<i>No Winner (COVID-19)</i>
2022	Amanda Lams, Elmhurst, 17-9 3/4

Triple Jump

2001	Tammie Beasley, Augustana, 35-11
2002	Tammie Beasley, Augustana, 37-3 3/4
2003	Angie Hawk, Millikin, 38-2 3/4
2004	Lucia Abel, North Park, 38-0 3/4
2005	Lucia Abel, North Park, 37-4 1/2
2006	Meghan Voiland, Augustana, 37-10
2007	Meghan Voiland, Augustana, 37-7 3/4
2008	Kelsey Duhai, Augustana, 36-8 1/4
2009	Kelsey Duhai, Augustana, 37-8 3/4
2010	Chinny Ekwulugo, Illinois Wesleyan, 37-9 1/4
2011	Lauren Alpert, Illinois Wesleyan, 37-9 1/4
2012	Basheeba Mays, North Central, 37-1 3/4
2013	Jill Harmon, Illinois Wesleyan, 38-0
2014	Kelsey Cunningham, Augustana, 39-1 3/4
2015	Kelli Herlitz, Illinois Wesleyan, 38-7
2016	Jill Harmon, Illinois Wesleyan, 38-10 1/4
2017	Kelsey Cunningham, Augustana, 37-6 1/2
2018	Brea Blackwell, Millikin, 37-8 1/2
2019	Kelsey McLaurin, North Central, 39-7 3/4
2020	Kelsey McLaurin, North Central, 38-6 1/4
2021	<i>No Winner (COVID-19)</i>
2022	Amanda Lams, Elmhurst, 38-0

Shot Put

2001	Maribeth Hulina, Carthage, 41-6
2002	Becca Parker, Augustana, 40-11 1/2
2003	Ernesta McVeigh, Carthage, 38-2 3/4
2004	Jodi Stanton, Augustana, 41-7
2005	Jodi Stanton, Augustana, 43-6 1/2
2006	Kara Hoxworth, Wheaton, 42-8 3/4
2007	Tristan Theissing, North Central, 41-0 1/2
2008	Marissa Banks, Augustana, 44-3 1/4
2009	Marissa Banks, Augustana, 43-3 1/4
2010	Leann Spesards, Millikin, 41-10 3/4
2011	Mindy Harrington, Carthage, 46-2
2012	LeAnn Spesard, Millikin, 44-8
2013	LeAnn Spesard, Millikin, 47-8
2014	Ebony Stallworth, North Central, 44-2 1/2
2015	Morgan Young, Carthage, 46-2 1/2
2016	Morgan Young, Carthage, 43-11 3/4
2017	Elizabeth Willis, Carthage, 45-1
2018	Elizabeth Willis, Carthage, 45-1 3/4
2019	Elizabeth Willis, Carthage, 45-8 1/2
2020	Elizabeth Willis, Carthage, 46-2
2021	<i>No Winner (COVID-19)</i>
2022	Vanessa Uitenbroek, Carroll, 44-2 1/2

20-Pound Weight Throw

2001	Becki Schmitz, Carthage, 53-7 1/2
2002	Becki Schmitz, Carthage, 57-4 1/2
2003	Tiffany Farrier, Carthage, 45-9
2004	Tiffany Farrier, Carthage, 45-4 1/4
2005	Tiffany Farrier, Carthage, 48-1 1/4
2006	Charlsie Rueden, Carthage, 43-10 3/4
2007	Tristan Theissing, North Central, 48-2 3/4
2008	Paula Neiweem, Augustana, 49-7 3/4
2009	Allison May, Millikin, 51-9 1/4
2010	Mindy Harrington, Carthage, 59-4 3/4
2011	Mindy Harrington, Carthage, 56-3 3/4
2012	Brittany Sherron, Millikin, 51-6 1/4
2013	Becca McMullin, Carthage, 54-1 3/4
2014	Becca McMullin, Carthage, 53-2 1/4
2015	Becca McMullin, Carthage, 55-0 3/4
2016	Mia Bennett, Carthage, 57-3 3/4
2017	Mia Bennett, Carthage, 60-4
2018	Mia Bennett, Carthage, 61-4 1/4
2019	Elizabeth Willis, Carthage, 59-2 1/4

2020	Elizabeth Willis, Carthage, 61-0
2021	<i>No Winner (COVID-19)</i>
2022	Alexandra Draves, North Central, 55-11

Pentathlon

2009	Melissa Savino, North Central, 3,146
2010	Sarah Thompson, Carthage, 3,206
2011	Sarah Thompson, Carthage, 3,235
2012	Sarah Thompson, Carthage, 3,346
2013	Allie Boudreau, Illinois Wesleyan, 3,306
2014	Allie Boudreau, Illinois Wesleyan, 3,587
2015	Jill Harmon, Illinois Wesleyan, 3,279
2016	Jill Harmon, Illinois Wesleyan, 3,423
2017	Nicole Kitchen, Wheaton, 3,080
2018	Nicole Kitchen, Wheaton, 3,206
2019	Hailey Dammeier, North Central, 3,261
2020	Amy Keane, Wheaton, 3,052
2021	<i>No Winner (COVID-19)</i>
2022	Abi Gum, Wheaton, 3,155

Past Men's Individual Champions

55-Meter Dash

2001	Brad Blake, Augustana, 6.57
2002	Corey Jefferson, Millikin, 6.45
2003	Mark Kane, North Central, 6.52
2004	Frank Safranski, Millikin, 6.56
2005	Matt Harden, Illinois Wesleyan, 6.43
2006	Segun Olopo, Illinois Wesleyan, 6.47
2007	Segun Olopo, Illinois Wesleyan, 6.35
2008	Segun Olopo, Illinois Wesleyan, 6.34
2009	Kieron Boyd, Millikin, 6.47
2010	Carleston Acres, Millikin, 6.51
2011	Alex Rindone, Augustana, 6.59
2013	Ryan Darcy, Illinois Wesleyan, 6.46
2015	David Devore, Augustana, 6.45
2018	Michael Johnson, Augustana, 6.44
2022	Jamauri Spivery, North Central, 6.36

60-Meter Dash

2012	Carleston Acres, Millikin, 6.95
	Alex Rindone, Augustana, 6.95
2014	David Devore, Augustana, 6.97
2016	Kendric Cornelius, Carthage, 6.97
2017	Victor Ogbebor, Elmhurst, 6.96
2019	Michael Johnson, Augustana, 6.84
2020	Michael Johnson, 6.81
2021	<i>No Winner (COVID-19)</i>

200-Meter Dash

2001	Zach Digney, Carthage, 22.41
2002	Bob Prohaska, Carthage, 22.74
2003	Jason Miller, Carthage, 22.39
2004	Jason Miller, Carthage, 22.64
2005	Greg Memmesheimer, North Central, 21.97
2006	Quentin Bailey, Elmhurst, 22.39
2007	Segun Olopo, Illinois Wesleyan, 22.12
2008	Segun Olopo, Illinois Wesleyan, 21.93
2009	Kieron Boyd, Millikin, 22.61
2010	Alex Rindone, Augustana, 22.22
2011	Dan Benton, North Central, 22.04
2012	Dionte Hackler, North Central, 22.19
2013	Alex Rindone, Augustana, 22.04
2014	David Devore, Augustana, 22.30
2015	Keith Cline, Augustana, 22.29
2016	Isaac Smith, Augustana, 22.42
2017	Isaac Smith, Augustana, 22.30
2018	Michael Johnson, Augustana, 22.48
2019	Peyton Piron, North Central, 22.20
2020	Jackson Allen, Millikin, 22.25
2021	<i>No Winner (COVID-19)</i>
2022	Seth Sottos, Augustana, 22.61

400-Meter Dash

2001	Bob Prohaska, Carthage, 49.75
2002	Jason Miller, Carthage, 49.55
2003	Dion Ballentine, Carthage, 49.00
2004	Fred Ketchum, Wheaton, 49.64
2005	Greg Memmesheimer, North Central, 49.24
2006	Matt Harden, Illinois Wesleyan, 50.24

CCIW Indoor Track & Field History

2007	Matt Harden, Illinois Wesleyan, 48.69
2008	Matt Harden, Illinois Wesleyan, 49.16
2009	Greg Jackson, North Central, 49.14
2010	Dan Benton, North Central, 49.15
2011	Dan Benton, North Central, 49.20
2012	Bai Kabba, North Central, 49.56
2013	Greg Patton, Augustana, 49.27
2014	David Voland, Augustana, 49.87
2015	David Voland, Augustana, 48.76
2016	Nils Eastburg, Wheaton, 48.45
2017	Isaac Smith, Augustana, 48.64
2018	Peyton Piron, North Central, 48.69
2019	Peyton Piron, North Central, 48.13
2020	Michael Stanley, North Central, 49.25
2021	<i>No Winner (COVID-19)</i>
2022	Braxton Redmond, Elmhurst, 50.01

800-Meter Run

2001	Eric Gustafson, North Central, 1:55.00
2002	Tony Rizzo, North Central, 1:54.48
2003	Mike Bartlett, Augustana, 1:54.10
2004	Billy Simon, Carthage, 1:54.97
2005	Julius White, North Central, 1:55.94
2006	Ryan Kwiek, North Central, 1:56.18
2007	Rob Hanauer, Augustana, 1:55.91
2008	Tylor Lewis, Carthage, 1:55.30
2009	Jacob Austin, North Central, 1:54.92
2010	Jacob Austin, North Central, 1:53.79
2011	Jose Flores, Carthage, 1:54.90
2012	Juliano Lodi, North Central, 1:54.54
2013	Luke Vance, Wheaton, 1:52.40
2014	Dan Popek, Augustana, 1:54.26
2015	Andrew DeBolt, Elmhurst, 1:54.95
2016	Andrew DeBolt, Elmhurst, 1:54.78
2017	Grant Marton, Carroll, 1:53.22
2018	Grant Marton, Carroll, 1:54.75
2019	Grant Marton, Carroll, 1:52.52
2020	Ben Kuxmann, Millikin, 1:54.16
2021	<i>No Winner (COVID-19)</i>
2022	Ben Kuxmann, Millikin, 1:53.13

1,500-Meter Run

2001	Jeremy Borling, North Central, 3:56.67
2002	Paul Kenost, North Central, 4:00.10
2003	Andy Enright, North Central, 3:56.86
2004	Andy Hubner, North Central, 3:56.72

Indoor Mile

2005	Dan Rodriguez, North Central, 4:19.90
2006	Andy Hubner, North Central, 4:20.43
2007	Brian McConnell, Elmhurst, 4:14.36
2008	Brian McConnell, Elmhurst, 4:17.40
2009	Brian McConnell, Elmhurst, 4:10.70
2010	Tyler Saunders, Illinois Wesleyan, 4:19.23
2011	Mike Spain, North Central, 4:15.03
2012	Justin Smith, Augustana, 4:13.08
2013	Matt Muth, North Central, 4:15.47
2014	Brett Haffner, Wheaton, 4:15.75
2015	Matt Muth, North Central, 4:17.29
2016	Aron Sebhat, North Central, 4:11.67
2017	Kieran DeGroot, Carroll, 4:19.92
2018	Chris Buechner, North Central, 4:17.05
2019	Dhruvil Patel, North Central, 4:14.68
2020	Gabe Pommier, North Central, 4:15.03
2021	<i>No Winner (COVID-19)</i>
2022	Craig Hundley, Carthage, 4:15.05

3,000-Meter Run

2007	Brian Lesiewicz, North Central, 8:36.34
2008	Event not held
2009	Mike Spain, North Central, 8:25.84
2010	Kyle Brady, North Central, 8:26.24
2011	Neal Klein, North Central, 8:32.14
2012	Mark Phillips, Wheaton, 8:35.85
2013	Mark Phillips, Wheaton, 8:30.72
2014	John Crain, North Central, 8:20.09
2015	Travis Morrison, North Central, 8:21.11
2016	Zach Plank, North Central, 8:23.89
2017	Tanner Osing, Augustana, 8:23.80
2018	Dhruvil Patel, North Central, 8:28.15
2019	Nolan McKenna, North Central, 8:26.51

2020	Matt Osmulski, North Central, 8:31.85
2021	<i>No Winner (COVID-19)</i>
2022	Max Svienty, North Central, 8:35.47

5,000-Meter Run

2001	Joe Pontrelli, Elmhurst, 15:14.15
2002	Rudy Kovachevich, Augustana, 15:08.28
2003	Greg Targosz, North Central, 14:44.91
2004	Pat Rizzo, North Central, 14:44.75
2005	Pat Rizzo, North Central, 14:47.86
2006	Pat Rizzo, North Central, 15:04.91
2007	Jeff Bailey, Augustana, 15:16.53
2008	John Lancaster, North Central, 14:50.34
2009	Kyle Brady, North Central, 14:40.62
2010	Chris Kane, North Central, 14:55.03
2011	Dan Kerley, North Central, 14:34.94
2012	Dan Kerley, North Central, 14:43.52
2013	Mitchell Gilbert, North Central, 14:54.99
2014	Troy Kelleher, North Central, 14:37.48
2015	Zach Plank, North Central, 14:43.36
2016	Tim Vazquez, North Central, 14:25.39
2017	Dhruvil Patel, North Central, 14:38.22
2018	Matt Osmulski, North Central, 14:52.85
2019	Matthew Norvell, North Central, 14:33.19
2020	Seth Massot, Wheaton, 14:54.93
2021	<i>No Winner (COVID-19)</i>
2022	Julian Higueros, North Central, 15:04.56

55-Meter Hurdles

2001	Ryan Rogers, Wheaton, 7.58
2002	Ryan Rogers, Wheaton, 7.74
2003	Zach Gorsage, Illinois Wesleyan, 7.58
2004	Brandon Strode, North Central, 7.68
2005	Zach Gorsage, Illinois Wesleyan, 7.55
2006	Josh Hammar, Wheaton, 7.90
2007	Ted McMillan, Augustana, 7.69
2008	Ted McMillan, Augustana, 7.73
2009	Ted McMillan, Augustana, 7.79
2010	Mike Oratowski, Carthage, 7.81
2011	Greg Davis, Augustana, 7.75
2013	Darion Woods, Illinois Wesleyan, 7.89
2015	Jeff Toraason, Illinois Wesleyan, 7.71
2018	Kyle Hilton, North Central, 7.83
2022	Isaiah Clausen, Wheaton, 7.87

60-Meter Hurdles

2012	Greg Davis, Augustana, 8.34
2014	Adam Lundquist, North Central, 8.39
2016	Adam Lindquist, North Central, 8.17
2017	Tommy Cole, Wheaton, 8.30
2019	Leif Van Grinsven, Wheaton, 8.38
2020	Ben Jackson, Wheaton, 8.48
2021	<i>No Winner (COVID-19)</i>

800-Meter Relay

2001	North Central, 1:30.49
2002	Carthage, 1:31.84
2003	Wheaton, 1:31.53
2004	Augustana, 1:31.72
2005	Illinois Wesleyan, 1:30.28
2006	Illinois Wesleyan, 1:32.32
2007	Illinois Wesleyan, 1:31.31
2008	Illinois Wesleyan, 1:29.99

1,600-Meter Relay

2002	Carthage, 3:23.19
2001	North Central, 3:22.17
2003	Carthage, 3:21.14
2004	Carthage, 3:23.45
2005	North Central, 3:22.20
2006	North Central, 3:22.91
2007	Augustana, 3:22.09
2008	Augustana, 3:21.86
2009	Augustana, 3:19.83
2010	Carthage, 3:20.34
2011	Augustana, 3:19.78
2012	North Central, 3:18.18
2013	Augustana, 3:19.13
2014	Augustana, 3:19.67
2015	Augustana, 3:21.55

CCIW Indoor Track & Field History

2016 Augustana, 3:16.53
2017 North Central, 3:20.50
2018 North Central, 3:18.53
2019 Carthage, 3:19.76
2020 North Central, 3:21.01
2021 *No Winner (COVID-19)*
2022 Wheaton, 3:27.07

3,200-Meter Relay

2001 North Central, 7:59.02
2002 North Central, 8:00.63
2003 North Central, 7:55.48
2004 North Central, 7:57.79
2005 Wheaton, 8:01.86
2006 North Central, 8:02.40
2007 North Central, 9:40.60
2008 Wheaton, 8:00.82

Distance Medley Relay

2001 Augustana, 10:25.88
2002 North Central, 10:36.40
2003 North Central, 10:15.93
2004 North Central, 10:25.04
2005 Wheaton, 10:23.35
2006 Wheaton, 10:33.48
2007 Augustana, 10:30.73
2008 Wheaton, 10:22.99
2009 North Central, 10:17.20
2010 North Central, 10:09.53
2011 Illinois Wesleyan, 10:10.31
2012 North Central, 10:12.07
2013 North Central, 9:58.89
2014 North Central, 10:11.62
2015 Wheaton, 10:15.04
2016 North Central, 10:02.54
2017 Augustana, 10:24.87
2018 Wheaton, 10:25.34
2019 North Central, 10:11.00
2020 North Central, 10:17.90
2021 *No Winner (COVID-19)*
2022 Millikin, 10:11.35

High Jump

2001 John Hartmann, Elmhurst, 6-7
2002 Jason McDearmon, Wheaton, 6-5
2003 Thor Batchelor, Carthage, 6-5 1/2
2004 Jordan Thomas, Millikin, 6-6 3/4
2005 Kyle Groth, Carthage, 6-7 1/2
2006 Jordan Thomas, Millikin, 6-8
2007 Ted McMillan, Augustana, 6-4 1/4
2008 Ted McMillan, Augustana, 6-5
2009 Ted McMillan, Augustana, 6-9 1/2
2010 Zach Heerspink, North Central, 6-4 3/4
2011 Zach Heerspink, North Central, 6-9
2012 Zach Heerspink, North Central, 6-6 1/4
2013 Trevor James, Carthage, 6-8 1/4
2014 Trevor James, Carthage, 6-9 1/2
2015 Femi Oyewole, North Central, 6-9
2016 Eric Rydell, Illinois Wesleyan, 6-9 1/2
2017 Collin Gray, Wheaton, 6-7 1/2
2018 Collin Gray, Wheaton, 6-9 3/4
2019 David Lemke, Carroll, 6-6 3/4
2020 Jorden Tedford, Millikin, 6-10 1/4
2021 *No Winner (COVID-19)*
2022 Nicholas Janca, North Central, 6-6 1/4

Pole Vault

2001 Tony Bonucci, Augustana, 15-2 1/2
2002 James Houston, North Central, 15-9 1/4
2003 Brian DeLoria, North Central, 16-1 1/4
2004 Brian DeLoria, North Central, 15-8 1/4
2005 Brian DeLoria, North Central, 15-4 1/4
2006 Mike Bina, North Central, 15-9
2007 Mike Bina, North Central, 15-6 1/4
2008 Mike Bina, North Central, 16-7 1/2
2009 Jake Winder, North Central, 16-4 3/4
2010 Jake Winder, North Central, 17-4 1/2
2011 Peter Geraghty, North Central, 17-1 1/2
2012 John Wood, North Central, 17-5
2013 Josh Winder, North Central, 15-5 1/2

2014 Calvin Callahan, Carthage, 15-5
2015 Luke Winder, North Central, 17-0 3/4
2016 Luke Winder, North Central, 17-5 1/2
2017 Luke Winder, North Central, 17-5 1/2
2018 Dylan Kuipers, North Central, 16-0 3/4
2019 Luke Winder, North Central, 17-6 1/2
2020 Izaiah Webb, North Central, 15-3 1/2
2021 *No Winner (COVID-19)*
2022 David Bradley, Wheaton, 14-11 1/2

Long Jump

2001 Mark Hawkinson, North Central, 22-10
2002 Giles Travis, North Park, 22-7 3/4
2003 Dion Ballentine, Carthage, 23-0 1/2
2004 Brett Barnes, Carthage, 22-4 1/4
2005 Tyler Neal, Illinois Wesleyan, 22-6 1/2
2006 Seantae' Holland, Millikin, 22-11
2007 Tanner Folk, Carthage, 22-7 1/4
2008 Buzzy Brown, Carthage, 23-0 3/4
2009 Buzzy Brown, Carthage, 23-1 1/4
2010 Buzzy Brown, Carthage, 22-9
2011 Kieron Boyd, Millikin, 22-11
2012 Zach Heerspink, North Central, 23-0
2013 Matt Souvannsaing, North Central, 23-7 1/4
2014 Darin Ward, Carthage, 22-4 1/2
2015 Brendan Cole, Wheaton, 23-3 1/4
2016 Brendan Cole, Wheaton, 23-2 3/4
2017 Jacob Segrest, Millikin, 23-3 1/2
2018 Shawntrel Garner, Carthage, 23-4
2019 Mason Wright, Augustana, 22-7 3/4
2020 Marshun Hart, Millikin, 22-6 1/4
2021 *No Winner (COVID-19)*
2022 Marshun Hart, Millikin, 22-9

Triple Jump

2001 Josh Stumpfenhorst, North Central, 45-2 1/2
2002 Josh Stumpfenhorst, North Central, 44-8 1/2
2003 Josh Stumpfenhorst, North Central, 46-10
2004 Johnny Alexander, North Central, 46-10
2005 Isreal Brown, North Central, 44-11 3/4
2006 Isreal Brown, North Central, 46-0 3/4
2007 Justin McQuality, North Central, 46-2
2008 Justin McQuality, North Central, 46-6 1/4
2009 Patrick Zeunik, Augustana, 46-2 3/4
2010 Patrick Zeunik, Augustana, 47-8
2011 Patrick Zeunik, Augustana, 48-1 3/4
2012 Nick Blakey, Carthage, 42-4 1/4
2013 Cale Brown, Carthage, 45-3 3/4
2014 Joey Pacione, Illinois Wesleyan, 46-7 1/4
2015 Travon Aldridge, Augustana, 46-5 1/2
2016 Sola Olateju, Wheaton, 47-0 1/4
2017 Travon Aldridge, Augustana, 45-8 1/2
2018 Travon Aldridge, Augustana, 47-9 3/4
2019 Izaiah Webb, North Central, 46-2 1/2
2020 Mason Wright, Augustana, 47-10 1/2
2021 *No Winner (COVID-19)*
2022 Alex Jarvis, Carthage, 44-9 3/4

Shot Put

2001 Justin Rapp, North Central, 53-4
2002 Justin Rapp, North Central, 55-7 3/4
2003 Rodney Bowen, Carthage, 49-10 1/2
2004 Will Mejia, North Park, 50-7 1/4
2005 Doug Cochrane, Augustana, 51-10
2006 Brandon Jones-Harris, Carthage, 50-3 1/4
2007 Brandon Jones-Harris, Carthage, 49-0 1/4
2008 Marc Holt, North Central, 52-0 1/2
2009 Spencer Williams, Carthage, 50-7 1/2
2010 Robert Kapustka, North Central, 50-8 1/4
2011 Robert Kapustka, North Central, 51-9 1/4
2012 Phil Christensen, Augustana, 52-4
2013 Derrik Guyette, Carthage, 55-1 1/2
2014 Derrik Guyette, Carthage, 53-3 3/4
2015 Branden Miller, Carthage, 54-4 1/2
2016 Kevin Barbian, Augustana, 51-0 1/4
2017 Jacob Menard, Carthage, 50-2 3/4
2018 Jacob Menard, Carthage, 53-1 1/2
2019 Zach Anderson, Illinois Wesleyan, 54-0 1/2
2020 Aaron Austin, Carthage, 56-4
2021 *No Winner (COVID-19)*
2022 Joseph White, Carthage, 56-1 3/4

CCIW Indoor Track & Field History

35-Pound Weight Throw

2001	David Gonzalez, Augustana, 45-9
2002	David Gonzalez, Augustana, 52-3 3/4
2003	David Gonzalez, Augustana, 51-4 1/2
2004	Tom McIntire, Augustana, 52-10 1/4
2005	Tom McIntire, Augustana, 53-5 3/4
2006	Tom McIntire, Augustana, 57-0 3/4
2007	Brandon Jones-Harris, Carthage, 56-3 3/4
2008	Andrew Foote, North Central, 51-11 1/4
2009	Darien West, Illinois Wesleyan, 54-5 1/2
2010	Robert Kapustka, North Central, 59-4 1/4
2011	Darien West, Illinois Wesleyan, 61-11
2012	Greg Raimondi, Carthage, 60-4 1/2
2013	Derrik Guyette, Carthage, 59-11 1/4
2014	Derrik Guyette, Carthage, 57-3 1/2
2015	Branden Miller, Carthage, 56-4
2016	David Goodalis, Carthage, 55-9
2017	Marckus Simmons, Augustana, 58-11 1/2
2018	Cody Wheeler, Augustana, 55-5 3/4
2019	Zach Anderson, Illinois Wesleyan, 61-4 1/4
2020	Aaron Austin, Carthage, 56-8
2021	<i>No Winner (COVID-19)</i>
2022	Joseph White, Carthage, 60-6 3/4

Pentathlon

2009	Ted McMillan, Augustana, 3,603
2010	Matt Borchardt, North Central, 3,627
2011	Alex Stake, Augustana, 3,382

Heptathlon

2012	Joseph Hletko, North Central, 4,408
2013	Joseph Hletko, North Central, 4,655
2014	Josh Eisenberg, Augustana, 4,908
2015	Jeff Toraason, Illinois Wesleyan, 4,940
2016	Rasmus Elfgaard, North Park, 4,873
2017	Rasmus Elfgaard, North Park, 2,724
2018	Brad Krueger, Carthage, 4,519
2019	Ryan Thornton, Augustana, 4,648
2020	Jose Barrio, North Park, 4,654
2021	<i>No Winner (COVID-19)</i>
2022	Brian Armstrong, North Central, 4,403

CCIW Indoor Track & Field History

Past Women's Standings

2001

1	Carthage	140
2	Augustana	125.75
3	North Central	105.74
4	Elmhurst	46.75
5	North Park	46
6	Illinois Wesleyan	30
7	Wheaton	22
8	Millikin	10.75

2002

1	Carthage	194
2	Augustana	162.5
3	North Central	109
4	Illinois Wesleyan	57
5	Wheaton	49
6	Elmhurst	37
7	Millikin	28.5
8	North Park	24

2003

1	Carthage	173.5
2	Illinois Wesleyan	132
3	Augustana	104.5
4	North Central	89.5
5	Wheaton	59
6	Millikin	39
7	Elmhurst	36
8	North Park	29

2004

1	Carthage	167
2	Illinois Wesleyan	141
3	Augustana	97
4	North Central	84.5
5	Wheaton	65
6	North Park	52.5
7	Millikin	34
8	Elmhurst	17

2005

1	Carthage	163
2	North Central	130
3	Augustana	106
4	Illinois Wesleyan	94
5	Wheaton	80
6	North Park	36
7	Millikin	25
8	Elmhurst	24

2006

1	North Central	145.5
2	Illinois Wesleyan	130.83
3	Carthage	128.33
4	Augustana	117.83
5	Wheaton	63.5
6	Millikin	28
T-7	Elmhurst	21
T-7	North Park	21

2007

1	North Central	202
2	Illinois Wesleyan	149
3	Augustana	128
4	Carthage	77.5
5	Wheaton	70.5
6	Millikin	42
7	Elmhurst	17
8	North Park	15

2008

1	Illinois Wesleyan	187.5
2	North Central	160
3	Augustana	134
4	Wheaton	63
5	Carthage	60
6	Millikin	38.5
7	Elmhurst	10
8	North Park	7

2009

1	Illinois Wesleyan	202
2	North Central	176
3	Carthage	103
4	Augustana	86
5	Wheaton	49
6	Millikin	23
7	Elmhurst	13
8	North Park	11

2010

1	Illinois Wesleyan	252
2	North Central	198
3	Carthage	87
4	Millikin	54
5	Augustana	35
6	Elmhurst	14
T-7	North Park	11
T-7	Wheaton	11

2011

1	North Central	252
2	Illinois Wesleyan	135
3	Carthage	123
T-4	Augustana	50
T-4	Millikin	50
6	Wheaton	44
7	Elmhurst	7
8	North Park	1

2012

1	Illinois Wesleyan	163
2	North Central	161
3	Carthage	105.5
4	Millikin	96.5
5	Wheaton	72
6	Augustana	54
7	Elmhurst	7
8	North Park	3

2013

1	North Central	175
2	Illinois Wesleyan	156
3	Carthage	115
4	Millikin	78
5	Augustana	70
6	Wheaton	45
7	Elmhurst	21
8	North Park	3

2014

1	North Central	191
2	Carthage	149.5
3	Illinois Wesleyan	139
4	Augustana	82
5	Wheaton	50.5
6	Elmhurst	25
7	North Park	15
8	Millikin	10

2015

1	Illinois Wesleyan	190
2	North Central	187
3	Carthage	85.5
4	Wheaton	80.5
5	Augustana	59
6	North Park	30
7	Millikin	25
8	Elmhurst	5

2016

1	Illinois Wesleyan	205
2	North Central	174
3	Carthage	82
4	Wheaton	77
5	Augustana	56
6	North Park	34
7	Millikin	33
8	Elmhurst	0

2017

1	Wheaton	167
2	Illinois Wesleyan	120.5
3	North Central	107
4	Carthage	102
5	Augustana	82.5
6	North Park	42
7	Carroll	28
8	Millikin	14

2018

1	Wheaton	159
2	North Central	119.5
3	Carthage	104.5
4	Illinois Wesleyan	94
5	Augustana	85
6	Millikin	69
7	Carroll	23
8	Elmhurst	5
9	North Park	4

2019

1	North Central	184
2	Wheaton	112
3	Augustana	79.5
4	Illinois Wesleyan	79
5	Carthage	78.5
6	Millikin	55
7	Carroll	52
8	Elmhurst	15
9	North Park	8

2020

1	North Central	152
2	Illinois Wesleyan	101
3	Carthage	80.5
4	Wheaton	77.5
5	Augustana	75
6	Carroll	65
7	Millikin	62
8	Elmhurst	44
9	North Park	6

2021

No CCIW Championship Held (COVID-19)

2022

1	North Central	147
2	Elmhurst	140
3	Carroll	88.5
4	Illinois Wesleyan	74.5
5	Carthage	58.5
6	Millikin	53
7	Augustana	48.5
8	Wheaton	47
9	North Park	6

CCIW Indoor Track & Field History

Past Men's Standings

2001

1	North Central	165.33
2	Augustana	111.33
3	Carthage	103
4	Elmhurst	42
5	Illinois Wesleyan	32.33
6	Wheaton	31
7	North Park	25
8	Millikin	17

2002

1	North Central	197
2	Carthage	121
3	Augustana	110
4	North Park	61
5	Wheaton	54
6	Elmhurst	52
7	Millikin	46
8	Illinois Wesleyan	22

2003

1	North Central	179
2	Carthage	145
3	Augustana	133.5
4	Elmhurst	48
5	Wheaton	44
6	North Park	38
7	Illinois Wesleyan	37.5
8	Millikin	32

2004

1	North Central	181
2	Augustana	122
3	Carthage	115
4	Wheaton	80
5	Millikin	75
6	Illinois Wesleyan	34
7	North Park	28
8	Elmhurst	27

2005

1	North Central	186
2	Carthage	126.5
3	Illinois Wesleyan	117
4	Augustana	95.5
5	Wheaton	48.5
6	Elmhurst	42
7	Millikin	41
8	North Park	6.5

2006

1	North Central	195
2	Augustana	118
3	Carthage	128.33
4	Augustana	117.83
5	Wheaton	63.5
6	Millikin	28
7	Elmhurst	35
8	North Park	5

2007

1	North Central	197.83
2	Augustana	187.66
3	Carthage	115
4	Illinois Wesleyan	78
5	Elmhurst	49.5
6	Millikin	36
7	Wheaton	32
8	North Park	5

2008

1	North Central	220
2	Augustana	141.5
3	Illinois Wesleyan	91
4	Carthage	90
5	Wheaton	56.5
6	Millikin	31
7	Elmhurst	20
8	North Park	12

2009

1	North Central	222
2	Augustana	174
3	Carthage	124
4	Illinois Wesleyan	48
5	Wheaton	36
6	Millikin	28
7	Elmhurst	25
8	North Park	6

2010

1	North Central	236.5
2	Augustana	151.5
3	Carthage	131.5
4	Illinois Wesleyan	52.5
5	Wheaton	51
6	Millikin	25
7	Elmhurst	10
8	North Park	4

2011

1	North Central	245.5
2	Augustana	155
3	Carthage	95.5
4	Illinois Wesleyan	85
5	Elmhurst	32
6	Millikin	26
7	North Park	17

2012

1	North Central	261
2	Augustana	169.5
3	Carthage	105
4	Illinois Wesleyan	48.5
5	Wheaton	34
6	Elmhurst	20
7	Millikin	14
8	North Park	11

2013

1	North Central	250
2	Augustana	131
3	Carthage	114
4	Illinois Wesleyan	63
5	Wheaton	49
6	North Park	28
7	Millikin	15
8	Elmhurst	13

2014

1	North Central	208.5
2	Carthage	160
3	Augustana	135
4	Illinois Wesleyan	61.5
5	Wheaton	48
6	Millikin	25
7	Elmhurst	17
8	North Park	8

2015

1	North Central	215.5
2	Augustana	142.5
3	Carthage	97.5
4	Wheaton	79
5	Illinois Wesleyan	41
6	Millikin	39
7	North Park	20.5
8	Elmhurst	20*

*score adjusted due to NCAA sanctions

2016

1	Augustana	189.5
2	North Central	175.5
3	Carthage	102
4	Wheaton	88
5	Illinois Wesleyan	46
6	Elmhurst	23
7	Millikin	19
7	North Park	19

2017

1	North Central	195.5
2	Augustana	142
3	Carthage	80
4	Wheaton	76
5	Illinois Wesleyan	47.5
6	Millikin	42
7	Carroll	34
8	North Park	28
9	Elmhurst	18

2018

1	North Central	240.5
2	Augustana	175.5
3	Wheaton	70
4	Carthage	69
5	Illinois Wesleyan	41
6	Carroll	27
7	Millikin	25
8	Elmhurst	10
9	North Park	5

2019

1	North Central	218
2	Augustana	113
3	Millikin	71
4	Wheaton	70
5	Carthage	68
6	Carroll	62.5
7	Illinois Wesleyan	40
8	North Park	17.5
9	Elmhurst	3

2020

1	North Central	204
2	Millikin	108
3	Wheaton	101
4	Augustana	73.5
5	Carthage	72
6	Carroll	52
7	Illinois Wesleyan	27
8	North Park	18
9	Elmhurst	7.5

2021

No CCIW Championship Held (COVID-19)

2022

1	North Central	135.5
2	Augustana	113
3	Wheaton	100
4	Carthage	94
5	Millikin	81
6	Carroll	63
7	Elmhurst	32.5
8	Illinois Wesleyan	32
9	North Park	10

CCIW Indoor Track & Field History

NCAA Team History

Women's Finishes

1985
North Central, T-24

1987
North Central, T-10
Carroll (Wis.), T-29

1988
Carthage, T-14
Elmhurst, T-14
North Central, T-14

1989
Elmhurst, T-23
Wheaton (Ill.), T-25

1990
North Central, T-9
North Park, T-19
Augustana (Ill.), T-24

1992
Augustana (Ill.), T-20

1993
North Central, 30th
Augustana (Ill.), T-36

1994
North Central, 7th
Augustana (Ill.), T-23

1995
Augustana (Ill.), 6th
North Central, T-10

1997
North Central, 15th
Illinois Wesleyan, T-20

1998
North Central, T-10

1999
North Central, 5th
Illinois Wesleyan, T-31

2000
Illinois Wesleyan, 8th

2001
Illinois Wesleyan, 8th

2002
Carthage, 5th
North Central, T-18
Illinois Wesleyan, T-29
Elmhurst, T-57

2003
Carthage, 10th
Illinois Wesleyan, T-13
Elmhurst, T-36
Millikin, T-43

2004
Illinois Wesleyan, 6th
Carthage, T-7
North Central, T-29
Augustana (Ill.), T-44
Millikin, T-44
North Park, T-52

2005
Carthage, T-14
North Central, T-18

Augustana (Ill.), 20th
Illinois Wesleyan, T-21
North Park, T-40

2006
Illinois Wesleyan, T-4
North Central, T-8
Augustana (Ill.), T-17
Carthage, T-17

2007
North Central, T-7
Illinois Wesleyan, 10th
Augustana (Ill.), T-16
Millikin, T-32
Carthage, T-52

2008
**Illinois Wesleyan, 1st
NATIONAL CHAMPIONS**
Augustana (Ill.), T-15
North Central, T-15

2009
Illinois Wesleyan, 4th
North Central, 6th
Millikin, T-60

2010
Illinois Wesleyan, T-4
North Central, T-40
Carthage, T-55

2011
Illinois Wesleyan, 6th
Carthage, T-17
North Central, T-17

2012
Illinois Wesleyan, T-7
Carthage, T-44
North Central, T-55
Millikin, T-55

2013
Illinois Wesleyan, 17th
North Central, 42nd
Millikin T-49

2014
Illinois Wesleyan, T-14
North Central, T-32
Carthage, T-40

2015
Illinois Wesleyan, 3rd
North Central, 21st
Carthage, T-44

2016
Illinois Wesleyan, 2nd
North Central, T-22
Carthage, T-54

2017
Carthage, T-33
Illinois Wesleyan, T-33
North Park, T-66

2018
Carthage, 20th
Illinois Wesleyan, T-27
Wheaton, T-41
Augustana, T-56

2019
Wheaton, T-14
Carthage, T-16

Augustana, T-20
Illinois Wesleyan, T-71
North Central, T-71

2020
*No NCAA Championship Held
(COVID-19)*

2021
*No NCAA Championship Held
(COVID-19)*

2022
North Central, T-19
Carroll, T-35
Elmhurst, T-58

Men's Finishes

1985
Augustana (Ill.), T-28
Millikin, T-28
North Central, T-33

1986
North Central, T-23

1987
Illinois Wesleyan, T-12
Millikin, T-25

1988
North Central, 3rd
Elmhurst, T-11
Millikin, T-25
Augustana (Ill.), T-37

1989
**North Central, 1st
NATIONAL CHAMPIONS**
Elmhurst, T-15

1990
North Central, 6th
Illinois Wesleyan, T-11
Wheaton (Ill.), 26th

1991
Illinois Wesleyan, 6th
North Central, T-7
Augustana (Ill.), T-17

1992
North Central, T-6

1993
North Central, 8th
Augustana (Ill.), T-9

1994
North Central, 4th
Augustana (Ill.), 7th
Elmhurst, T-33

1995
Augustana (Ill.), 6th
North Central, 17th

1996
North Central, T-8
Augustana (Ill.), T-10

1997
North Central, 6th
Augustana (Ill.), T-10
Millikin, T-32

1998
North Central, T-3

CCIW Indoor Track & Field History

Augustana (Ill.), T-6
Millikin, T-25
Illinois Wesleyan, T-34

1999

North Central, 7th
Illinois Wesleyan, T-9
Millikin, T-21

2000

North Central, 2nd
Illinois Wesleyan, 8th
Millikin, T-15
Augustana (Ill.), T-27

2001

North Central, 2nd
Illinois Wesleyan, 8th
Millikin, T-15
Augustana (Ill.), T-27
Elmhurst, T-35

2002

North Central, 7th

2003

Carthage, T-45
North Central, T-45
Illinois Wesleyan, T-52

2004

North Central, 7th

2005

North Central, 5th
Illinois Wesleyan, T-28

2006

North Central, T-15
Augustana (Ill.), T-26
Illinois Wesleyan, T-26

2007

Elmhurst, T-34
North Central, T-38
Augustana (Ill.), T-45
Illinois Wesleyan, T-45

2008

Illinois Wesleyan, T-14
North Central, T-14
Augustana (Ill.), T-46

2009

North Central, 7th
Augustana, T-11
Elmhurst, T-25
Illinois Wesleyan, T-55
Carthage, T-66

2010

North Central, 1st NATIONAL CHAMPIONS

Carthage, T-43
Augustana, T-55

2011

North Central, 1st NATIONAL CHAMPIONS

Augustana, T-23
Illinois Wesleyan, T-48

2012

North Central, 1st NATIONAL CHAMPIONS

Wheaton, T-42

2013

North Central, 8th
Augustana, T-14
Carthage, T-21
Wheaton, T-41

2014

North Central, 7th
Carthage, 8th
Augustana, T-24

2015

North Central, 5th
Augustana, 11th
Elmhurst, T-40

2016

North Central, T-5
Augustana, T-16
Wheaton, T-32
North Park, T-55
Illinois Wesleyan, T-66

2017

North Central, T-1 NATIONAL CHAMPIONS

Augustana, T-15
Carroll, T-50
Millikin, T-60

2018

North Central, 2nd
Augustana, T-34
Carroll, T-50
Wheaton, T-53

2019

North Central, 1st NATIONAL CHAMPIONS

Carroll, T-13
Wheaton, T-38
Augustana, T-42
Illinois Wesleyan, T-57
Carthage, T-62

2020

*No NCAA Championship Held
(COVID-19)*

2021

*No NCAA Championship Held
(COVID-19)*

2022

Millikin, T-33
Augustana, T-39
North Central, T-44
Carroll, T-44
Wheaton, T-59